

# FOUNDATIONS IN PATIENT-ORIENTED RESEARCH TRAINING OVERVIEW

Tuesday, November 30<sup>th</sup>, 2021  
12:00pm NDT

Julia Burt

Patient Engagement/Training and Capacity Lead, NL SUPPORT



# How to participate in this webinar

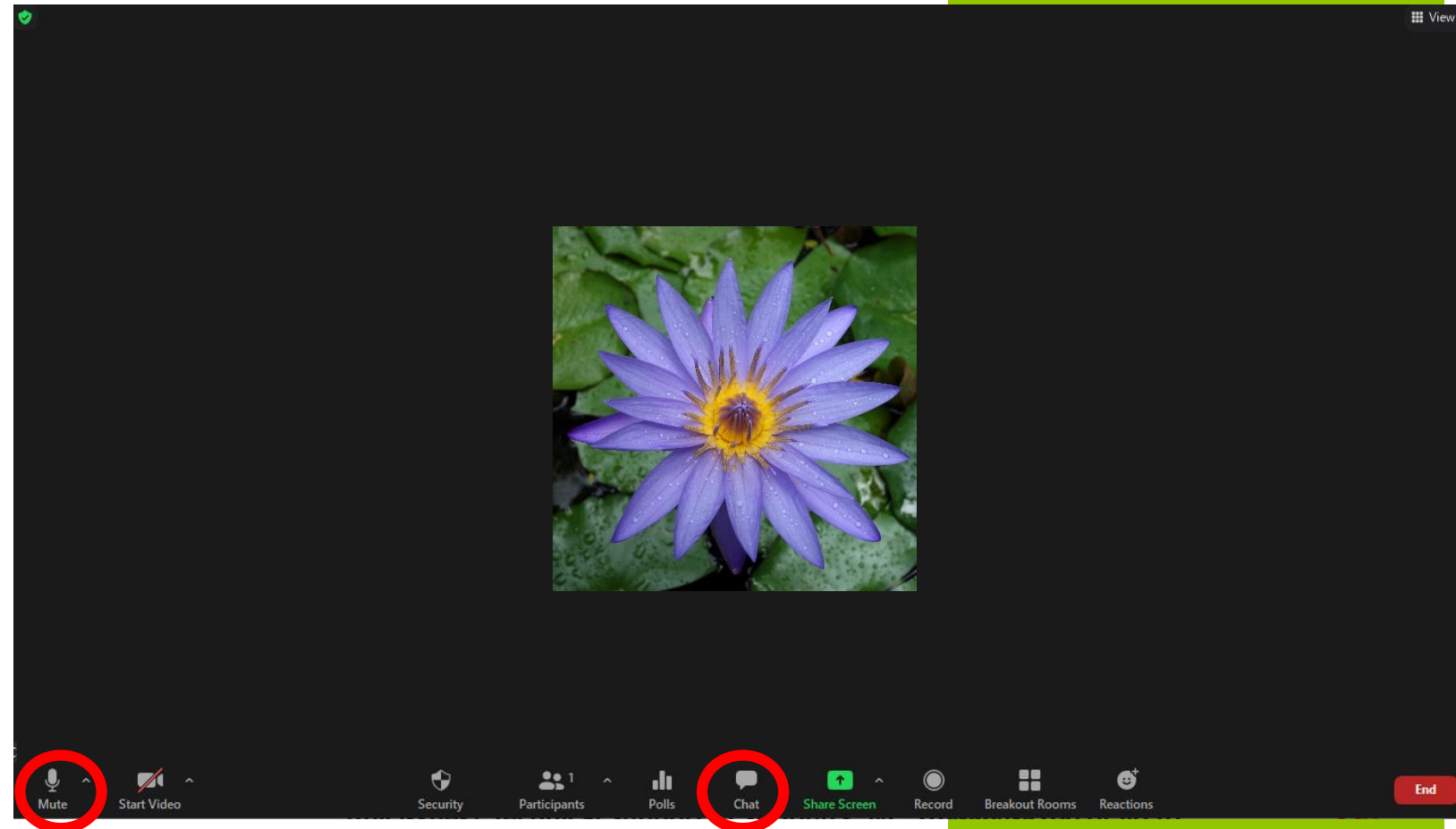
Choose ONE of the audio conference options

Phone Call    Computer Audio

**Join with Computer Audio**

Test Speaker and Microphone

Automatically join audio by computer when joining a meeting



Any issues? Technical Support in St. John's, NL: 709-864-8700 or go to <https://www.citl.mun.ca/support/>

# PATIENT ORIENTED RESEARCH

Research that:

1. focuses on **patient-identified** priorities
2. **engages** patients as partners
3. improves patient **outcomes**

*It is research conducted **WITH** rather than **FOR** patients.  
Patients bring expertise in the form of **lived experience**.*

# WHO IS A PATIENT?

A “patient” can include:

- Individuals with personal experience of a health issue
- Informal caregivers, such as family and friends
- A group of people or a community

# WHAT WE DO: NL SUPPORT

## Strategy for Patient-Oriented Research (SPOR):

- A nationwide initiative led by The Canadian Institutes for Health Research (CIHR)
- Focused on improving outcomes for users of Canada's healthcare system
- Aims to create a research culture oriented around achieving real-world impacts for patients and their families

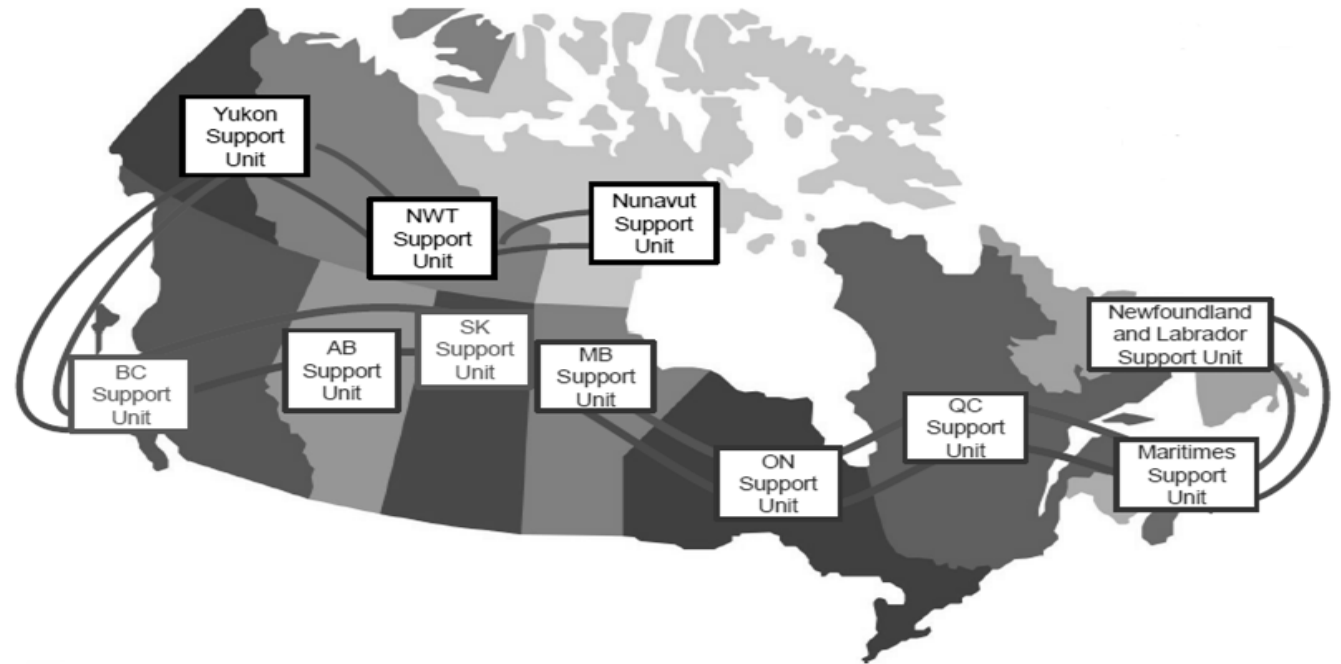


# WHAT WE DO: NL SUPPORT

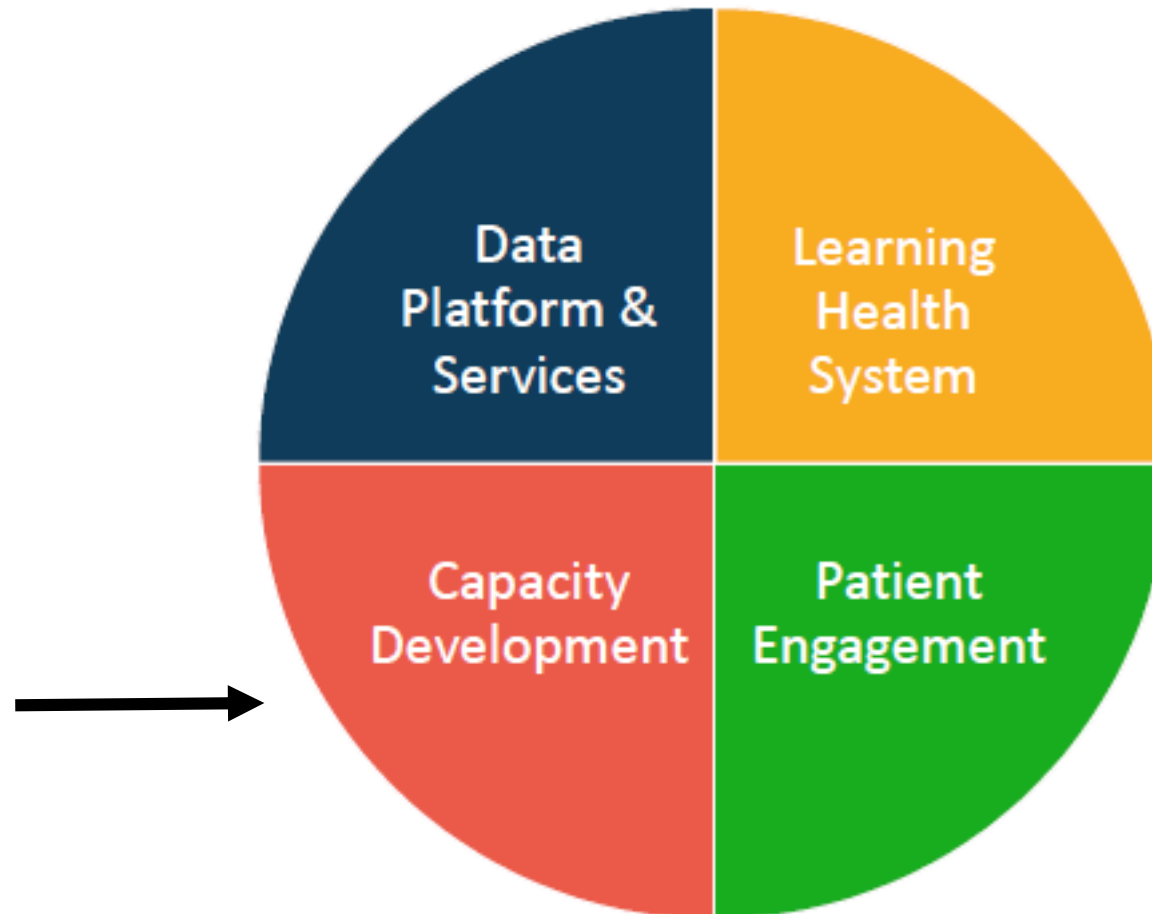
Support for People and Patient-Oriented Research and Trials

- Jurisdictional (Provinces, Territories) Units
- Creating resources necessary to support and grow and sustain patient-oriented research within each province
- Priorities are identified through consulting patients in that region

## SPOR SUPPORT Units



# WHAT WE DO: NL SUPPORT



# PATIENT-ORIENTED RESEARCH TRAINING

As part of our mandate to build capacity for patient-oriented research (POR) in the province, NL SUPPORT:

- Assesses patient-oriented research training and capacity needs for researchers, patients, health care providers, etc.
- Develops and delivers training (POR and otherwise) to support building capacity, knowledge translation and patient engagement
- As part of NL SUPPORT's training plan, we have delivered CIHR's **Foundations in Patient-Oriented Research** training curriculum numerous times to diverse groups of individuals
  - Training has recently been adapted for virtual delivery as part of a CIHR ("catalyst") grant, increasing accessibility for interested individuals across the province

# FOUNDATIONS IN PATIENT-ORIENTED RESEARCH

## What is it?

- Gives patients a foundational understanding of the research enterprise
- Equips patients, researchers and other stakeholders with the skills necessary to engage meaningfully in a variety of roles, i.e.:
  - Governance
  - Peer review/committee work
  - Priority-setting
  - Conduct of POR



# FOUNDATIONS IN PATIENT-ORIENTED RESEARCH

## What is it?

At the end of the course, participants will be able to:

- 1 **Acquire** foundational knowledge about health research to allow them to become full-fledged members of a research team
- 2 **Build** mutually beneficial partnerships for conducting POR
- 3 **Work** as a team to carry-out POR and produce high-quality scientific knowledge in a given health-related field

# FOUNDATIONS IN PATIENT-ORIENTED RESEARCH

## Who is it for?

The curriculum is delivered with the principles of **co-learning**:

- Patient partners
- Researchers
- Decision makers
- Policy makers
- Health care professionals

# FOUNDATIONS IN PATIENT-ORIENTED RESEARCH

## Course Modules

- 1 Patient-Oriented Research
- 2 Fundamentals of Health Research
- 3 Building Partnerships and Consolidating Teams

- Can be taken in any order and/or on a stand-alone basis
- Instructor-led content, group discussion and videos
- Pre-work component
- Local examples

# FOUNDATIONS IN PATIENT-ORIENTED RESEARCH

## Course Modules

FOUNDATIONS OF PATIENT-ORIENTED RESEARCH	FUNDAMENTALS OF HEALTH RESEARCH IN CANADA	BUILDING PARTNERSHIPS AND CONSOLIDATING TEAMS
Gives participants an understanding of POR and provides an opportunity to assess how they may wish to become engaged	Enables learners to situate their interests and roles within a well-rounded understanding of research processes	Enables learners to: a) Learn how to do research as a team comprised of patients/caregivers and researchers b) Use tools to support the team as it goes through stages of development c) Build mutually beneficial partnerships for POR

# FOUNDATIONS IN PATIENT-ORIENTED RESEARCH

## Module 1 – Foundations of Patient-Oriented Research

- What is Patient-Oriented Research (POR)?
- How is POR demonstrated?
- Key terms in POR
- The history of patient engagement (PE) and the PE movement
- Benefits of and challenges PE in health research
- Promoting PE in health research – global examples

# FOUNDATIONS IN PATIENT-ORIENTED RESEARCH

## Module 2 – Fundamentals of Health Research in Canada

- What is health research?
  - 4 pillars of health research
- Why do health research?
- Research design and methodology
- Health funding agencies
- Ethics

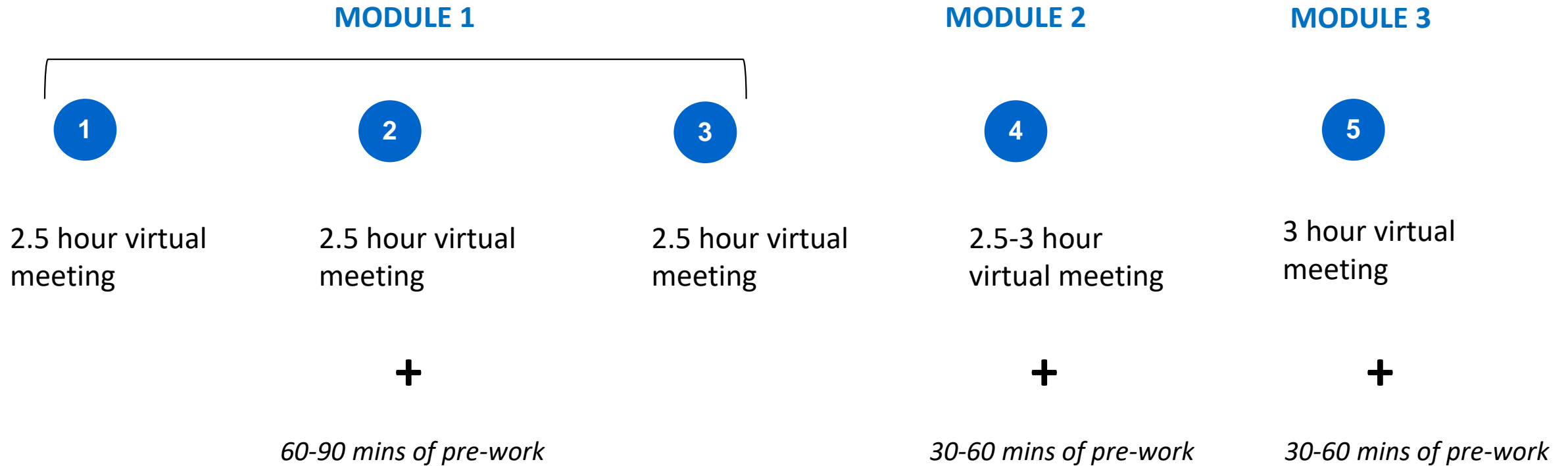
# FOUNDATIONS IN PATIENT-ORIENTED RESEARCH

## Module 3 – Building Partnerships and Consolidating Teams

- Experiential knowledge
- Stages of group development (Tuckman's Stages of Team Development)
- Typical team member roles
- The decision-making process

# FOUNDATIONS IN PATIENT-ORIENTED RESEARCH

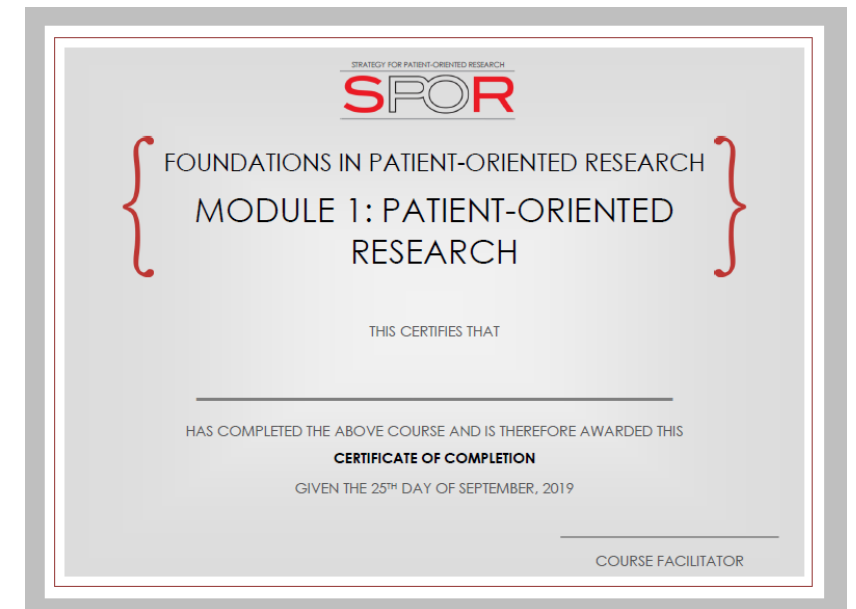
## Example schedule



# FOUNDATIONS IN PATIENT-ORIENTED RESEARCH

## Course details

- Course is **free**
- Offered online via Zoom
- Facilitated by NL SUPPORT staff and a member of NL SUPPORT's Patient Advisory Council
- Participants receive a **certificate of completion** at the end of each module
- Late January, early February 2022
- Details on [www.nlsupport.ca](http://www.nlsupport.ca)



# FOUNDATIONS IN PATIENT-ORIENTED RESEARCH

QUESTIONS?

# Upcoming sessions

- Ethics and Patient Engagement (January 2022)

- **Research Design Series**

*Weekly sessions on various topics related to research design*

February: Quantitative methods

March: Qualitative methods

Stay tuned for dates and additional details!

Check out our past events, slides and recordings on [our website](#).

# Training Program

- **FREE** Training Program, open to anybody
- Monthly webinars
- In-person workshops
- Complete 6 sessions with at least 1 in-person workshop and you will receive a letter of completion.  
Sign up now: [nlsupport@mun.ca](mailto:nlsupport@mun.ca)

Registration for each event is required:

Go to <http://nlsupport.eventbrite.ca> to register

# Keep in touch

Julia Burt, Training and Capacity Development Lead /  
Staff Patient Engagement Lead

[juliaburt@mun.ca](mailto:juliaburt@mun.ca)

709 864 6654

[www.facebook.com/NLSPORSUPPORT](https://www.facebook.com/NLSPORSUPPORT)

<http://www.nlsupport.ca>

Sign up for our Newsletter

